



## What else should I bring?

While you can make a great day out of just having your motorcycle and riding gear, sometimes it's nice to bring creature comforts. The more you bring, the more carrying capacity you'll need, so at some point you may choose to splurge on a trailer. Here's a list of things to consider:

**Change of clothes** – We're going to work you hard, and most likely you're going to be a big ol' salt lick by the end of the day. Changing out of your smelly, sweaty gear into something dry and clean goes a long way toward recovering and enjoying the trip home. Which brings up another item:

**Shower gear** – All the tracks we use have showers. Again, it's nice to freshen up for the ride home.

**Hat** – You'll spend a good part of the day without a helmet on. Keeping the sun off your noggin goes a long way toward keeping you in the game for the full day.

**Beach/lawn chair** – Trust us, if you do what we're teaching, your legs are going to toast by the end of the day. The tracks don't have seating areas outside of the classroom, so it's nice to be able to take a load off between sessions.

**Spare gas can** – Obviously we're assuming we're assuming you are trailering to the event here. The only track with gas onsite is Palmer. You'll need to leave the property for the others. Expect to ride 120 miles on track (give or take) at a brisk pace. Most riders need to top off at some point.

**Sunscreen** – This is a great idea for the same reason as the hat, especially if you don't bring some kind of cover. Which brings us to:

**Overhead cover** – Poppers, tents, awnings, etc., can make a good day great. The one catch is whatever it is, it will need to be free-standing. Track management takes a very dim view of pounding stakes through their paddock pavement.

**Sports drinks/supplements** – We'll have plenty of water to drink, but if you're sweating up a storm it's never a bad idea to take in some electrolytes. We've found using them goes a long way toward helping you rehydrate after the day as well.

**Basic Tools** – It's never a bad idea to have a basic set of tools to do minor adjustments, etc. Having the tools needed to adjust your suspension during the day can open up a whole, new world for you.